



# AQUA 7 NHAC vs ISS

DATE(S): April 7, 2019 Region: Western

HOSTED BY: NHAC

LOCATION: 182 South Drive, Simcoe, ON

FACILITY: Annaleise Carr Aquatic Centre

PURPOSE: Novice Development Meet for competition experience

MEET PACKAGE: The only meet package which will be considered as valid must be the most current version found on [www.swimming.ca](http://www.swimming.ca)

COMPETITION COORDINATOR: Michael Shortt , Level V , Email: [shorttfamily@hotmail.ca](mailto:shorttfamily@hotmail.ca)

MEET MANAGER: Paula Easton , Email: [77easton@gmail.com](mailto:77easton@gmail.com)

DESCRIPTION: Sanctioned as a closed invitation meet by Swim Ontario. Seeding for all swims will be optimized by distance and stroke, but otherwise random. Events are timed.

COMPETITION RULES: Sanctioned by Swim Ontario.  
All current Swimming Canada (SC) rules will be followed.

All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click [HERE](#) to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.

Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).

DIVE STARTS: As per the Facility Rules for Dive Starts, this competition will be conducted as follows

- Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1
  - from deep end only
- and/or
- Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.1
  - from both ends or
- and/or
- In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2
  - from both ends or

RECORDS:  Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.

Swim times achieved at this competition will NOT be used for applications of provincial and national records.

AGE UP DATE: Ages submitted are to be as: April 7, 2019

MIXED-GENDER: The host seeks an exemption from the requirement to swim events in gender separated events, on the following basis :

- Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.

Mixed gender swims may also be permitted when, due to a missed swim, it is necessary for a referee to seed a swimmer in a heat of the same or shorter distance, for competitors of the opposite gender, on an exception basis.

In spite of this rule, any swimmer who achieves a record time at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted pursuant to this policy, the results must still be posted separately by the gender of swimmers.

ELIGIBILITY: All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry (*choose appropriate circumstances*):.

- Meet Management reserves the right to further limit individual swims to 3 per session and to limit heats if necessary to keep session times to within 4.5 hours.

FOREIGN  
COMPETITORS:

All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.

All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.

ENTRY FEE:  No fee

ENTRIES: Entries must be submitted through the SNC online entries system at [www.swimming.ca](http://www.swimming.ca) .  
Meet Management will not accept entries via email.  
Online Entry Deadline: April 2, 2019

- Swimmers may swim maximum of 3 events per session.

- CONVERSION:  Option "B" Entry times can be converted. Please submit converted times:  
 Hy-tek default conversion factor

SCHEDULE OF SESSIONS:

<u>Session #</u>	<u>Date</u>	<u>Prelim/Finals</u>	<u>Warm Up</u>	<u>Start</u>	<u>Finish</u>	<u>Estimated Duration</u>
<u>1</u>	April 7, 2019	<u>Finals</u>	<u>08:00</u>	09:00	<u>1:00</u>	<u>4</u>

SCHEDULE OF EVENTS: See event list - Appendix

COACH'S

REGISTRATION: Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

COACH'S MEETING: N/A

SEEDING:  Option "A" (times converted by club and/or host)  
 Seeding will be in order of times entered,  
 as converted pursuant to the conversion process as per meet package,  
 followed by swimmers entered with NT (no times).

TIME SPLITS: Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

DECK ENTRIES:  Deck entries will be accepted for empty lanes only (no new heats will be created).  
 Swimmers entered on deck must have valid proof of SNC registration (number) as an active, registered, competitive swimmer.

CHECK IN

AND SCRATCHES:  All swimmers are required to check in with the Clerk of Course 30 minutes prior to each session  
 Scratches are to be made at the clerk of course desk 30 minutes prior to the start of each session.

SCORING:  No Scoring

AWARDS:  The following will be awarded: The following will be awarded, Place Cards for places 1 – 6

MEET RESULTS: Official Results will be posted within 48 hours of completion of the meet to [www.swimming.ca](http://www.swimming.ca)  
 The meet program will be run on Hy-Tek Meet Manager.  
 Results will be posted as quickly as possible at the meet.  
 Live Results / Meet Mobile are available.

RECORDING  
OF EVENT:

Only individuals that have made application and received authorization to record the event in any manner, in any medium or context now known or hereafter developed shall be granted access and permission to do so. Please contact Meet Management for application and authorization.

SAFETY &  
LIABILITY:

Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.

# Appendix

## Event List

Describe each session with Session Name, Date, Warm-up time, Start time, Event Number, Gender, Order and Age Group

*(example below)*

<b>Session 1</b>			
<b>April 7, 2019</b>			
<b>09:00</b>			
<b>GIRLS</b>	<b>EVENT</b>	<b>AGE</b>	<b>BOYS</b>
1	100 IM	10 & UNDER	2
3	200 IM	OPEN	4
5	25 FREE	6 & UNDER	6
7	50 FREE	7 & OVER	8
9	100 FREE	7 & OVER	10
11	25 BACK	6 & UNDER	12
13	50 BACK	7 & OVER	14
15	100 BACK	7 & OVER	16
17	25 BREAST	6 & UNDER	18
19	50 BREAST	7 & OVER	20
21	100 BREAST	7 & OVER	22
23	25 FLY	8 & UNDER	24
25	50 FLY	9 & OVER	26
27	100 FLY	9 & OVER	28
29	400 FREE	9 & OVER	30
31,33	100 FREE RELAY	8 & UNDER, 9/10	32,34
35,37,39	200 FREE RELAY	11/12, 13/14, 15 & OVER	36,38,40